

ORZAX

GIFT TO HEALTH

VITAMIN  
**MINERAL**  
COLLAGEN  
**OMEGA 3**  
HERBAL  
**SPECIALTY**



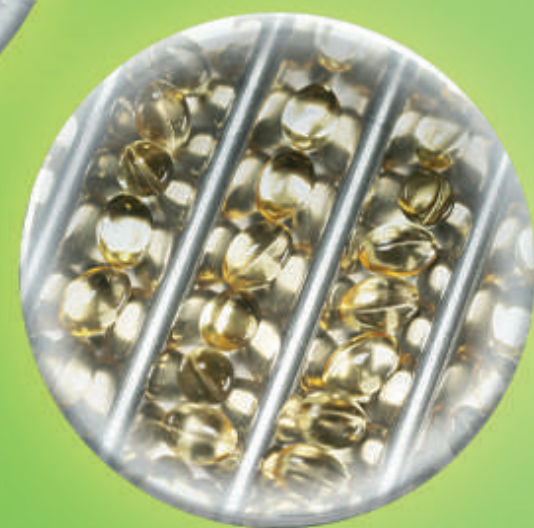
# ORZAX

GIFT TO HEALTH

*We bring the finest raw materials from around the world together with our 18 years of experience and extensive research to present high quality products as a gift to your health.*







# ORZAX

At **Orzax**, sustainability is at the heart of what we do. We source our raw materials from improved seeds and sustainable agriculture. Our production process, from cultivation to extraction, prioritizes eco-friendly practices, including solvent extraction and supercritical CO<sub>2</sub> extraction.

What truly distinguishes us is our comprehensive in-house production capabilities, covering all pharmaceutical forms. This empowers us to uphold unwavering control over the quality and consistency of our products. When you choose Orzax, you're not only embracing top-tier products but also championing sustainable and responsible production.



# ORZAX BLACK SEED OIL



Black seed (*Nigella sativa*) is a flowering plant native to Asia and the Mediterranean. Its seed has been used for centuries because of its numerous health benefits. The active ingredient in black seed oil, thymoquinone, is a powerful antioxidant with anti-inflammatory effects.\* Orzax Black Seed Oil is made from *Nigella Sativa* seeds harvested in Turkey and the cold-press method ensures that the bioactive compounds are not damaged. It contains 2% thymoquinone which is a high percentage. It is also a natural source of omega 3, 6, and 9 fatty acids.

#### Benefits:

- Supports the immune system\*
- Supports to maintain healthy blood sugar levels\*
- Promotes healthy skin and hair\*
- Supports joint and digestive health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 soft gel capsule  
Servings Per Container 90

Amount Per Capsule	% Daily Value
Calories 10	
Total Fat 1 g	1%*
Black seed ( <i>Nigella sativa</i> ) oil	1000 mg†
Thymoquinone	20 mg†

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Directions:** As a dietary supplement for adults, take one (1) softgel daily, or as directed by a healthcare practitioner.





# ORZAX LIPOSOMAL IRON



Iron is a mineral that is an essential component of hemoglobin, a protein that transfers oxygen from the lungs to the tissues.

Orzax Liposomal Iron is based on liposomal technology. Since the nanosized liposomes feature the same structure as the cell membrane, the iron is therefore easily absorbed. Absorption of liposomal iron is 3.5 times greater than free iron pyrophosphate, 2.7 times higher than iron sulfate, and 4.7 times higher than ferrous fumarate.

Orzax Liposomal Iron offers an easy and efficient way to improve your iron levels without unwanted side effects such as diarrhea or constipation.\*

#### Benefits:

- Increases iron levels\*
- Supports red cell production\*
- Enhances energy levels\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 vegetable capsule  
Servings Per Container 90

	Amount Per Serving	% Daily Value
Iron	25 mg	139%*

\*Percent Daily Values are based on a 2,000 calorie diet.

**Directions:** As a dietary supplement for adults, take one (1) capsule daily, or as directed by a healthcare practitioner.





# ORZAX

## EFFERVESCENT VITAMIN C



Vitamin C is a water-soluble vitamin that can not be synthesized in the body. Orzax Effervescent Vitamin C offers you an easy and efficient way to ensure you meet your daily vitamin C requirements.\* Just dissolve one effervescent tablet in water and enjoy a great-tasting and refreshing drink. They dissolve quickly and do not leave a residue.

### Benefits:

- Supports the immune system\*
- Helps fight free radicals\*
- Helps collagen production\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving Size 1 effervescent tablet  
Servings Per Container 20

	Amount Per Serving	% Daily Value
Vitamin C (as L-ascorbic acid)	1000 mg	1111%*
Sodium (as Sodium Bicarbonate)	600 mg	26%*

\*Percent Daily Values are based on a 2,000 calorie diet.

**Directions:** As a dietary supplement for adults, take one (1) effervescent tablet daily, or as directed by a healthcare practitioner. Drop 1 tablet in 8 oz. of water and allow to dissolve completely.





# ORZAX

## PREMIUM GINSENG



Ginseng has been used in traditional Chinese medicine for centuries. There are many types of this herb, but the most popular are American ginseng and Korean ginseng and they have different concentration of active compounds and effects on the body.

Orzax Premium Ginseng contains Korean ginseng and min. 30% ginsenosides, the main active ingredient. Ginsenosides have anti-inflammatory and antioxidant benefits for human health and provide energy, memory & mental performance.\*

### Benefits:

- Boosts energy\*
- Supports performance\*
- Enhances focus\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving size 2 capsules  
Servings per container 60

	Amount Per Serving	% Daily Value
Korean Panax Ginseng (min. 30% ginsenosides)	1000 mg	†

†Daily Value not established.

**Directions:** As a dietary supplement for adults, take two (2) capsules daily, or as directed by a healthcare practitioner.





# ORZAX

## VITAMIN D<sub>3</sub> 2,000 IU



Vitamin D, “the sunshine vitamin” is a fat-soluble vitamin that cannot be by the body and vital to various aspects of health. Vitamin D comes in two main forms, vitamin D<sub>2</sub> and D<sub>3</sub>.

Vitamin D<sub>3</sub> can be synthesized from sunlight through UVB. However, sun exposure rarely provides adequate vitamin D, making it necessary to obtain it from supplements or your diet.

Orzax Vitamin D<sub>3</sub> 2,000 IU softgels are small and easy to swallow. They do not contain artificial colors, chemical preservatives, sweeteners, flavors or additives.

### Benefits:

- Helps maintain healthy bones and muscle\*
- Provides immune system support\*
- Supports healthy mood\*
- Helps maintain overall health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 softgel

Servings per container 360

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (Cholecalciferol)	50 mcg (2,000 IU)	250%

**Directions:** As a dietary supplement for adults, take one (1) softgel capsule daily, or as directed by a healthcare practitioner.





# ORZAX

## VITAMIN D<sub>3</sub> 5,000 IU



Vitamin D, “the sunshine vitamin” is a fat-soluble vitamin that cannot be by the body and vital to various aspects of health. Vitamin D comes in two main forms, vitamin D<sub>2</sub> and D<sub>3</sub>.

Vitamin D<sub>3</sub> can be synthesized from sunlight through UVB. However, sun exposure rarely provides adequate vitamin D, making it necessary to obtain it from supplements or your diet.

Orzax Vitamin D<sub>3</sub> 5,000 IU softgels are small and easy to swallow. They do not contain artificial colors, chemical preservatives, sweeteners, flavors or additives.

### Benefits:

- Helps maintain healthy bones and muscle\*
- Provides immune system support\*
- Supports healthy mood\*
- Helps maintain overall health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 softgel

Servings per container 360

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (Cholecalciferol)	125 mcg (5,000 IU)	625%

**Directions:** As a dietary supplement for adults, take one (1) softgel capsule daily, or as directed by a healthcare practitioner.





# ORZAX

## VITAMIN D<sub>3</sub> 10,000 IU

Vitamin D, “the sunshine vitamin” is a fat-soluble vitamin that cannot be by the body and vital to various aspects of health. Vitamin D comes in two main forms, vitamin D<sub>2</sub> and D<sub>3</sub>.

Vitamin D<sub>3</sub> can be synthesized from sunlight through UVB. However, sun exposure rarely provides adequate vitamin D, making it necessary to obtain it from supplements or your diet.

Orzax Vitamin D<sub>3</sub> 10,000 IU softgels are small and easy to swallow. They do not contain artificial colors, chemical preservatives, sweeteners, flavors or additives.

### Benefits:

- Helps maintain healthy bones and muscle\*
- Provides immune system support\*
- Supports healthy mood\*
- Helps maintain overall health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving size 1 softgel

Servings per container 120

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (Cholecalciferol)	250 mcg (10,000 IU)	1250%

**Directions:** As a dietary supplement for adults, take one (1) softgel capsule daily, or as directed by a healthcare practitioner.





# ORZAX VITAMIN D<sub>3</sub>K<sub>2</sub>



Vitamins D and K are both fat-soluble vitamins and play a central role in calcium metabolism.\* One of vitamin D's key jobs is to keep calcium levels in your blood at a healthy level.\* Vitamin K encourages calcium to build up in your bones while preventing it from building up in soft tissues like blood vessels.\*

Orzax Vitamin D<sub>3</sub>K<sub>2</sub> Drops is easy to use and dose. It contains no artificial colors, chemical preservatives, artificial sweeteners or artificial flavors.

### Benefits:

- Helps support bone health and muscle function\*
- Provides immune system support\*
- Aids in calcium absorption function\*
- Helps regulate mood\*
- Supports cardiovascular system\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Servings size 6 drops  
Servings per container 100

	Amount Per Serving	%Daily Value
Vitamin D <sub>3</sub> (Cholecalciferol)	125 mcg (5,000 IU)	625%
Vitamin K <sub>2</sub> (Menaquinone-7)	100 mcg	83%

**Directions:** As a dietary supplement, take six (6) drops daily, or as recommended by a healthcare practitioner.





# ORZAX SELENIUM



Selenium is an essential trace mineral that must be obtained through your diet. It is needed in small amounts but has fundamental importance to human life. L-methionine is the organic bound form of selenium and more readily absorbed in the human body compared to selenite, the inorganic form of selenium.

ORZAX SELENIUM contains 200 mcg yeast-free selenium in L-selenomethionine form.

#### Benefits:

- Supports immune system\*
- Provides antioxidant support\*
- Supports normal thyroid function\*
- Supports healthy aging\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size 1 capsule  
Servings Per Container 180

	Amount Per Serving	% Daily Value
Selenium (as L-selenomethionine)	200 mcg	364%*

**Directions:** As a dietary supplement for adults, take one (1) capsule daily, or as directed by a healthcare practitioner.





# ORZAX

## MAGNESIUM TRIPLE COMPLEX



Magnesium is an essential mineral that plays a critical role in the human body by involving in hundreds of cellular reactions from making DNA to helping the muscles contract.\* Magnesium citrate can be used more efficiently than other magnesium forms such as oxide and chloride. Magnesium malate increases absorption and offers higher bioavailability than oxides and sulphates. Magnesium glycinate is also easily absorbed and does not cause diarrhea when orally used. Orzax Magnesium Triple Complex contains three different magnesium salts, magnesium malate, glycinate, and citrate, in one tablet for optimal absorption and a greater range of benefits.\*

### Benefits:

- Supports bone and muscle health\*
- Supports healthy nerve function\*
- Supports heart health\*
- Supports restful sleep\*
- Aids healthy digestion\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving size 1 tablet  
Servings per container 60

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Citrate, Magnesium Malate, Magnesium Bisglycinate)	200 mg	48%

**Directions:** As a dietary supplement for adults, take one (1) tablet daily, or as directed by a healthcare practitioner.





# ORZAX

## CYCLE COMFORT



Vitex agnus-castus, or “chaste tree,” is a shrub native to the Mediterranean and Asia. It contains chemicals that affect many hormones involved in the female reproductive cycle.\* Panax ginseng is regarded as an adaptogen, an organic compound thought to increase the body’s resilience to stress.\* Vitis vinifera, also known as the grapevine, is a rich source of proanthocyanidins, which have antioxidant and anti-inflammatory properties.\* Calcium plays a critical role in blood clotting, assisting with muscular contraction, and regulating regular heartbeats and nerve activity.\* Magnesium is a cofactor in more than 300 enzyme systems that regulate diverse biochemical reactions in the body.\* Vitamin B6 in coenzyme forms performs a wide variety of functions in the body with involvement in more than 100 enzyme reactions.\* Orzax Cycle Comfort contains a powerful combination created to assist women who are experiencing common mild symptoms connected with PMS.

### Benefits:

- Helps relieve PMS-related symptoms\*
- Supports hormonal balance\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Servings size 1 tablet  
Servings per container 30

	Amount Per Serving	%Daily Value
Calcium (as calcium carbonate)	200 mg	15%
Magnesium (as magnesium oxide)	75 mg	17%
Vitamin B <sub>6</sub>	10 mg	588%
Ginseng Extract	50 mg	†
Vitex Agnus Castus Extract	50 mg	†
Vitis Vinifera Extract	25 mg	†

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take one (1) tablet daily, or as directed by a healthcare practitioner.





# ORZAX ELDERBERRY



Elderberry refers to several different varieties of the Sambucus tree. The most common type is Sambucus nigra, also known as the European elderberry or black elder. It has been used for hundreds of years to support the immune system.\* The berries and flowers of elderberry are rich in antioxidants.\*

Orzax Elderberry combines the power of Elderberry, Vitamin C and Zinc in one capsule for all year immune support.\*

#### Benefits:

- Supports immune system\*
- Provides antioxidant support\*
- Helps fight free radicals\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 vegetable capsules  
Servings per container 60

	Amount Per Serving	% Daily Value
Vitamin C	200 mg	222%
Zinc (as Zinc Picolinate)	7,5 mg	68%
Elderberry (Sambucus nigra) fruit (from 200 mg of 10:1 extract)	2000 mg	†

† Daily Value (DV) not established.

**Directions:** As a dietary supplement for adults, take one (1) capsule daily, or as directed by a healthcare practitioner.





# ORZAX MILK THISTLE



Milk thistle is a flowering herb. The seeds contain silymarin, a group of compounds that have antioxidant and anti-inflammatory effects.\* Due to some similar health benefits, dandelion and artichoke extracts are also used with milk thistle.

Orzax Milk Thistle Plus contains milk thistle that yields 80% silymarin and also features dandelion and artichoke extracts to support overall liver health.\*

#### Benefits:

- Supports healthy liver function\*
- Provides antioxidant support\*
- Supports liver detoxification\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 capsule  
Servings per container 120

	Amount Per Serving	% Daily Value
Milk Thistle Extract (Silybum marianum) (seed) (Standardized to contain 80% silymarin)	250 mg	†
Artichoke Extract (Cynara scolymus) (leaf)	150 mg	†
Dandelion Extract (Taraxacum officianale) (whole herb)	50 mg	†

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take one (1) capsule daily, or as directed by a healthcare practitioner.





# ORZAX

## 5-HTP COMPLEX



5-HTP is obtained from the seeds of Griffonia simplicifolia, an African shrub, and does not naturally occur in foods. 5-HTP and L-tryptophan participate in the production of serotonin.\* Serotonin is a chemical messenger that goes through the central nervous system and is involved in mood regulation.\* Serotonin is converted into melatonin which controls sleep patterns.\* Rhodiola is an adaptogen, which means it helps the body adapt to stress.\* Folic acid is a coenzyme that controls production of important neurotransmitters such as serotonin.\* Vitamin B<sub>2</sub>, commonly referred to as riboflavin, helps the body convert food, such as carbohydrates, into fuel or glucose, which provides us with energy.\*

Orzax 5-HTP is a powerful combination designed for maximum benefits.

### Benefits:

- Promotes a positive mood\*
- Supports healthy energy levels\*
- Helps improve sleep quality\*
- Supports production of serotonin\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving size 2 capsules  
Servings per container 60

	Amount Per Serving	% Daily Value
Riboflavin (Vitamin B <sub>2</sub> )	2.8 mg	215%
Folic acid	400 mcg	100%
5-hydroxytryptophan (5-HTP)	100 mg	†
L-tryptophan	100 mg	†
Rhodiola	100 mg	†

**Directions:** As a dietary supplement for adults, take two (2) capsules daily, or as directed by a healthcare practitioner.





# ORZAX B-COMPLEX

B vitamins are water-soluble, non-storable vitamins. Each vitamin has a unique role in a person's overall health and contribute to overall bodily functions. As the building blocks of a healthy body, B vitamins have a direct impact on your energy levels, brain function,\* and cell metabolism.\* Orzax B-Complex contains all B vitamins along with choline in one capsule.

#### Benefits:

- Helps support energy production and cell metabolism\*
- Aids in converting food to energy\*
- Supports cardiovascular and nervous system function\*
- Helps maintain immune system health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 capsule  
Servings per container 120

	Amount Per Serving	% Daily Value
Thiamin (vitamin B <sub>1</sub> )	100 mg	8333%
Riboflavin (vitamin B <sub>2</sub> )	50 mg	3846%
Niacin (vitamin B <sub>3</sub> )	25 mg	156%
Vitamin B <sub>6</sub> (as pyridoxine HCl)	10 mg	588%
Folic acid (vitamin B <sub>9</sub> )	400 mcg	100%
Vitamin B <sub>12</sub> (as cyanocobalamin)	100 mcg	4167%
Biotin (as d-biotin) (vitamin B <sub>7</sub> )	500 mcg	1667%
Pantothenic acid (vitamin B <sub>5</sub> )	50 mg	1000%
Choline	20 mg	4%
Inositol (Vitamin B <sub>8</sub> )	100 mg	†

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take one (1) capsule daily, or as directed by a healthcare practitioner.





# ORZAX

# GLUCOSAMINE CHONDROITIN MSM COMPLEX

Many joints have cartilage on the ends of the bones where they meet. Healthy cartilage allows bones to glide over one another, allowing you to move freely. It also prevents bones from rubbing against each other, which protects them. However, as you get older, you may have cartilage wear and tear as a result of an injury or carrying too much weight. Maintaining the health of your joints will allow you to run, jump, play sports, and do other activities that you enjoy. Orzax Glucosamine Chondroitin MSM Complex has a specially designed, advanced formula with 11 powerful ingredients for long-term joint health.\*

### Benefits:

- Supports healthy joint function\*
- Promotes flexibility and mobility\*
- Promotes body comfort\*
- Supports healthy inflammation response\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### Supplement Facts

Serving Size 3 tablets  
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C	90 mg	100%
Selenium	82,5 mcg	150%
Manganese	3 mg	130%
Glucosamine sulfate (from glucosamine sulfate 2KCl)	1500 mg	†
MSM (Methylsulfonylmethane)	750 mg	†
Chondroitin sulfate	300 mg	†
Boswellia Extract (Boswellia serrata) (bark)	200 mg	†
Hydrolyzed collagen peptides (Type II)	90 mg	†
Turmeric extract (Curcuma longa) (root)	75 mg	†
L-methionine	25 mg	†
Bromelain	25 mg	†

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take three (3) tablets daily, or as directed by a healthcare practitioner.





# ORZAX

## IMMUNE DEFENSE



The immune system is a complex network of cells, processes, and chemicals that constantly protects your body against infections and other diseases. Healthy foods contain a variety of nutrients, such as vitamins and minerals, that help to maintain the body strong and healthy. However, not only do most people fail to meet these daily nutrition targets, but there are times when more of specific nutrients are required, such as when people are under physical stress or have inflammatory health concerns.

Orzax Immune Defence has a formulation with 9 different ingredients expertly designed for immune support.\*

### Benefits:

- Supports the immune system\*
- Provides antioxidant support\*
- Supports healthy respiratory system\*
- Supports overall health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving size 2 capsules  
Servings per container 30

	Amount Per Serving	% Daily Value
Vitamin C	500 mg	556%
Vitamin D (as cholecalciferol)	1000 IU	125%
Zinc (as zinc picolinate)	(25 mcg) 15 mg	136%
Quercetin	250 mg	†
Echinacea extract (Echinacea purpurea) (root)	100 mg	†
Elderberry extract (Sambucus nigra) (fruit)	100 mg	†
Ginger extract (Zingiber officinale) (root)	50 mg	†
Beta glucan 1,3/1,6 (from Saccharomyces cerevisiae)	50 mg	†
Turmeric extract (Curcuma longa) (root)	37,5 mg	†

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take two (2) capsules daily, or as directed by a healthcare practitioner.





# ORZAX

## COLLAGEN PEPTIDES



Collagen is the most abundant structural protein in the body. It can be found in connective tissue, skin, tendons, bones, and cartilage, and has a variety of roles. Collagen production naturally decreases as you age. Collagen also becomes fractured and less evenly distributed. These changes lead to the characteristic signs of aging, such as wrinkles and dry, sagging skin. While collagen loss and damage are unavoidable as you get older, collagen supplements can help maintain your skin's health.\*

Orzax Collagen Peptides is easily digested, and flavorless and mixes easily with hot or cold food or beverages. It is very easy to incorporate into your diet. Type I and III collagen peptides are sourced from grass fed and pasture raised bovine to ensure high quality.

### Benefits:

- Supports hair, skin, and nails\*
- Helps improve skin hydration and elasticity\*
- Provides antioxidant support\*
- Helps strengthen hair\*
- Supports healthy bones and joints\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Supplement Facts

Serving Size 1 scoop (12 g)  
Servings Per Container 38

	Amount Per Serving	% Daily Value
Calories	45	
Protein	11 g	22%**
Vitamin C	250 mg	277%
Vitamin B <sub>6</sub>	1.7 mg	100%
Biotin	1000 mcg	3333%
Pantothenic acid (Vitamin B <sub>5</sub> )	5 mg	100%
Sodium	29 mg	1.28%
Collagen peptides (Type I & III)	11 g	†
Hyaluronic acid	100 mg	†

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet  
† Daily Value not established.

**Directions:** Combine 1 scoop into your favorite beverage or meal once a day and mix thoroughly.





# ORZAX SAW PALMETTO



Serenoa repens, also known as saw palmetto or dwarf palm, is a hard-bodied, very slow-growing, and long-lived herb native to the southeastern United States. The berries contain fatty acids, which are the plant's active components. Saw palmetto helps prevent issues such as benign prostate hyperplasia (BPH).\* BPH causes an enlargement of the prostate gland and results in decreased urine flow.\* Saw palmetto also assists in inhibiting the action of an enzyme that changes testosterone into the hair-loss-related sex hormone, dihydrotestosterone (DHT).\*

Orzax Saw Palmetto contains 500 mg saw palmetto extract and is standardized to contain 45% fatty acids.

#### Benefits:

- Supports prostate health\*
- Supports healthy urinary flow\*
- Helps maintain healthy hair\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 vegetable capsule  
Servings per container 120

	Amount Per Serving	% Daily Value
Saw palmetto (Serenoa repens) (fruit) (equals to 500 mg extract) (45% fatty acid)	2000 mg	†

†Daily Value not established.

**Directions:** As a dietary supplement for adults, take one (1) capsule daily, or as directed by a healthcare practitioner.





# ORZAX OREGANO OIL



Since the Greek and Roman civilizations, oregano oil has been used for many health benefits. Oregano's name derives from the Greek words "oros," which means mountain, and "ganos," which means joy or delight. The plant's leaves are dried by air, and then the oil is extracted and condensed using steam distillation.

Oregano oil contains carvacrol and thymol. Carvacrol helps support the immune system naturally.\* Thymol gives oregano its bitter taste and strong smell and has a strong antiseptic and antimicrobial effect.\*

Orzax Oregano Oil contains 88% carvacrol and 0.3% thymol for a mega-beneficial addition to your immune system and gut health.\* It is easy to use and dose and contains no artificial colors, chemical preservatives, artificial sweeteners, or artificial flavors.

## Benefits:

- Supports healthy immune function\*
- Helps to maintain healthy intestinal flora balance\*
- Supports general health and well-being\*

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## Supplement Facts

Servings size 3 drops  
Servings per container 200

	Amount Per Serving	%Daily Value
Oil of Oregano (Origanum onites)(leaf)	33 mg	†

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take 3 (three) drops daily, or as directed by a healthcare practitioner.





# ORZAX FISH OIL



Fish oil is a fat or oil derived from fish tissue. It contains a lot of omega-3 fatty acids, which are vital for good health. Since the body is unable to produce these vital fatty acids, they must be consumed in the diet. The Western diet has replaced a lot of omega-3s with other fats, such as omega-6s. Omega-6 to omega-3 ratios changed from 3:1 to 30:1, far greater than what people genetically evolved to. An excessive omega-6 to omega-3 ratio may contribute to increased inflammation in the body, thus increasing the risk of different diseases.\*

Orzax Fish Oil is sourced from cold-water fish and offers 1200 mg of omega-3 with 780 mg of EPA & 283 mg of DHA per serving in the triglyceride form to ensure optimal absorption and results. The small softgels are easy to swallow, with no fishy aftertaste or burps.

### Benefits:

- Supports heart, eye, joint, and nerve health\*
- Supports brain function\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 2 softgel capsules  
Servings per container 60

	Amount Per Serving	% Daily Value
Calories	11	
Total Fat	1.2 g	1.5%**
Polyunsaturated Fat	0.9 g	**
Total Carbohydrate	<1 g	<1%**
Protein	<1 g	
Fish Oil	1200 mg	†
Total Omega-3 Fatty Acids	780 mg	†
EPA (Eicosapentaenoic Acid)	384 mg	†
DHA (Docosahexaenoic Acid)	252 mg	†
Other Omega-3 Fatty Acids	144 mg	†

† Daily Value not established.

\*\*Percent Daily Values are based on a 2,000 calorie diet.

**Directions:** As a dietary supplement for adults, take two (2) softgels daily, or as directed by a healthcare practitioner.





# ORZAX VITAMIN B<sub>12</sub>



Vitamin B12 is crucial for energy metabolism.\* It also has an important role in DNA synthesis and homocysteine metabolism.\* The active form of vitamin B12, methylcobalamin, provides more bioavailability compared to inactive form as it is used directly in the body. Orzax Vitamin B12 5000 mcg provides vitamin B12 as methylcobalamin.

#### Benefits:

- Supports energy metabolism, memory, mood, nervous system\*
- Supports cardiovascular system health\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Servings size 1 sublingual tablet  
Servings per container 120

	Amount Per Serving	%Daily Value
Vitamin B12 (as methylcobalamin)	5000 mg	208%

† Daily Value not established.

**Directions:** As a dietary supplement for adults, take one (1) tablet daily, or as directed by a healthcare practitioner.



Cherry Flavor Dairy Free





# ORZAX SLEEP



5-HTP is a naturally occurring amino acid that promotes calm and relaxation.\* Melatonin is a naturally occurring hormone produced by the brain to help the body manage the “Sleep-Wake” cycle.\* Vitamin B6 is an essential vitamin that supports the body’s natural production of Melatonin.\* Orzax Sleep contains 5 mg Melatonin, Vitamin B6 and 5-HTP to support restful sleep.\*

### Benefits:

- Promotes natural sleep\*
- Helps regulate sleep-awake cycle\*
- Support muscles relaxation\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving size 1 tablet  
Servings per container 120

	Amount Per Serving	% Daily Value
Vitamin B <sub>6</sub> (as Pyridoxine Hydrochloride)	10 mg	588%
Melatonin	5 mg	†
5- hydroxytryptophan(5-HTP)	50 mg	†

† Daily Value (DV) not established.

**Directions:** As a dietary supplement, take one (1) tablet daily, or as recommended by a physician.





# ORZAX

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